

OCTOBER

2023

THE
Sunny Side
OF LIFE



The monthly family/staff newsletter of Sunshine Meadows Retirement Community
400 S. Buhler Rd., Buhler, KS 67522 s



Introducing our new Innkeepers at the Wildflower Inn. **Jerry and Beverly (Bev) Lehrman**. Jerry was raised on a farm near Goessel, Kansas, north of Newton. His greatest desire was to be a dairy farmer! At the same time, he zealously was involved with custom harvesting for ten years. He

graduated from Bethel College in Newton, Kansas, with a degree in social work, and later studied at Grace College of the Bible in Omaha.

In 1983 Jerry went to Northeast Brazil with a friend from Bible College to spend six months helping build dorms at a Bible Camp. During these months, he saw many towns and communities that had no evangelical churches which would share the good news of forgiveness of sins, and hope of eternal life with the Brazilians. This perception, along with conversations with several American missionaries there in Brazil, helped him to see the need for him to be personally involved in sharing the Good News of salvation as a full-time ministry. He returned to the USA with a desire to prepare himself more to serve as a missionary in Brazil, and he moved to Kansas City with plans for more studies at Calvary Bible College.

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He never lost the joy of working in a dairy barn, or of the wheat harvest—but just changed his focus to serving the needs of people’s hearts instead.

Bev was a farm girl from the isolated plains of northeast Montana. After high school, she attended Bible College in Saskatchewan, Canada, and then later gained secretarial training. A desire to be involved in ministry somewhere overseas led her first to a secretarial job in the headquarters of Gospel Missionary Union (now AVANT Ministries) in Kansas City, Missouri. And so it was that Jerry and Bev became acquainted in Kansas City at the church they both attended.

They were married in May 1985, and in October 1986, they arrived in Fortaleza, Brazil, as missionary recruits with the Brazil Gospel Fellowship Mission. And that was their life for the next 35 years, until they returned to the USA on a permanently “retired” basis in February 2022. Their four children were all born and raised in Brazil, fluently speaking the Portuguese language. All of them are married and living in the USA.

Most of the ministry Jerry and Bev were involved in, in Brazil, has been in more rural areas, doing evangelism and discipleship, and serving in and pastoring Brazilian churches. They spent about ten years in camp ministry, planning and leading retreats and camps, and also helping in the kitchen. For about eighteen years after that, Jerry taught at, and then served as Director of a Bible Institute, where many young men were trained to pastor churches. More recently Jerry helped renovate the same Bible Camp where they had previously worked, and which had been closed for a few years because of a lack of finances. They also were involved in helping prepare and serve many meals to campers and guests. There were also several periods of time during their 35 years when they served as hosts for the mission’s guest home in Fortaleza, serving the needs of fellow missionaries.

Jerry loves cooking and baking even more than Bev does, and after returning from Brazil in 2022, he has been employed as the baker at Buhler High School. He is always looking for opportunities to share some baked goods with friends or acquaintances, and this opportunity as “innkeepers” of the Wildflower Inn may possible facilitate those opportunities. We look forward to serving our community with this Bed and Breakfast, and also being able to be a “light” that shares encouragement and hope from the Good News of the Bible with those whom we serve.



In September We Welcomed:

Junior K	Vicki K
Lavada K	Dorothy H
Larry L	Linda L
Jean M	Shaaron S
Brad E	Laverne G
Jeannice W	

We Said Goodbye in Sept. to:

Helen W

October Residents Birthday:

Milford L	1	Barb C	4
Ralph S	5	Dottie C	17
Ray D	11	Lester F	19
Leatrice S	24	Helen W	27
Lois K	27	Jeannice W	23



October Staff Birthdays:

Liz Keith	2	Karen Anderson	13
Pam Popkey	2	Angie Marr	14
James Pope	3	Jordyn Fortner	17
Payton Frees	3	Taylah Bryant	17
Madi Francis	4	Janet Bermundez	18
Jeff Walker	9	Jamie McHaley	20
Kathy Gaul	10	Dana Weast	23
Sherri Fisher	11	Tim Diehl	25



PLEASE LABEL ALL CLOTHING WITH RESIDENT NAMES.

**Sponsoring Churches/
Board of Directors:**

Bethany Nazarene– open
Buhler Mennonite-Beth Schwabauer
Buhler MB– Sara Hunt, Mary Ellen Jantz,
 Charlotte Smith
Buhler Methodist- Open
Crossroads Christian– Open
Hoffnungsaus Mennonite- Louis Martens
Victorious Life- Open
At large– Cameron Kaufman, Mary Frazier, Ed Berger, Bill Anderson

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ALERT

Residents have said they are getting phone calls asking for their Medicare numbers. Medicare will NEVER ask you for your number. Do not give it out to anyone.

Hello all,

We will be holding our third quarterly memorial service next week on **Thursday morning, October 5, at 10 am in the chapel.** This is a time for all residents and staff to remember and honor residents who have passed away during the months of July, August and September. Family and friends are also invited.



We will be remembering **Lillian Dueck, Judy Crowl, Roberta Shogren, Ken Carmin, Donna Bether, Judy Hosteller and Helen Wilson.**

I hope you are able to share this opportunity for both residents and staff to remember and celebrate the lives of residents we have known, loved and cared for.

Blessings,

Shelly Hardin, Chaplain

Wife texts husband on a cold winter's morning: "Windows frozen, won't open."

Husband texts back: "Gently pour some lukewarm water over it."

Wife texts husband: "Computer really screwed up now."

A man came back to the dealer from whom he bought a new car. "I believe you gave me a guarantee with my car," he said.

"That's right, sir," the salesman answered. "During the warranty period we will replace anything that breaks."

"Fine, I need a new garage door."



PUBLIC SESSION

**FIRST
FRIDAY
FREE
LUNCH!**



400 S. BUHLER RD.
BUHLER, KS
12:00 PM - NOON

**OCT
6TH**

RSVP Required (620) 543-5692

TALK STORY HOUR PREVIEW

Find out all about Talk Story Hour
and help brainstorm ideas for next sessions!

**WHAT TO
EXPECT:**

JOIN US EACH MONTH AS WE DISCUSS TOPICS OF INTEREST
IN A CASUAL, CONVERSATIONAL ENVIRONMENT!
BRING YOUR QUESTIONS - LEAVE WITH ANSWERS!
HAVE FUN SOCIALIZING AND ENJOY A DELICIOUS LUNCH!

While this is a public event, residents may attend but they still need to RSVP and they may use their Sunny's credit or pay as normal.

No 3rd Monday
session in October
Starts again
Nov. 20th!

**TALK STORY
HOUR**



3rd Sunday BRUNCH

Begins October 15th!



Buhler's local bed & breakfast is now offering a beautiful experience with a delicious, gourmet brunch!

Adults - \$15

Children 10 & under - \$10

*Reservations required
as seating is limited.*

*Use QR code
or call (620) 543-2248
to make your reservations!*

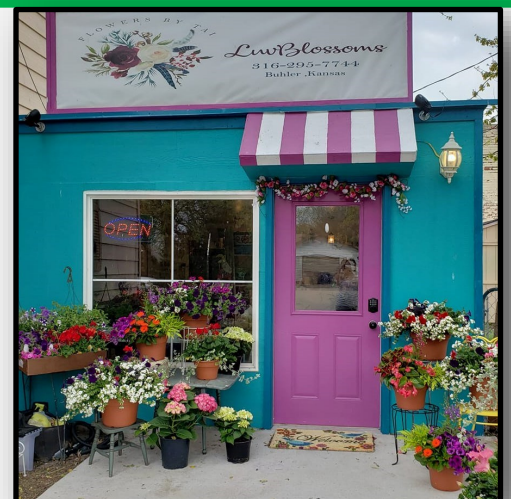


Buffet open 11:30am - 1:30pm

Powerback Rehabilitation®

Healthy Aging through **Rehabilitation and Recovery**

Did you know . . . Buhler Ks has a wonderful Florist right here in town. If you are thinking of flowers for any occasion call Luv Blossoms Flowers by Tai 316 295 7744
109 3rd Ave



INTRODUCING BOARD OF DIRECTORS FOR SUNSHINE MEADOWS SENIOR COMMUNITY

Each month we will introduce you to one of the Board Members.



This month we would like for you to meet

CHARLOTTE SMITH

Charlotte came to Buhler 50+ years ago as a Home Economics teacher. She became a member of the Mennonite Brethren church and served as a Sunday school and mid-week teacher plus sang in the choir and played the piano for children's musicals and church. Her interest in SMRC was heightened as she served as a front desk secretary once a week and was asked to serve on the board of directors

10+ years ago. She enjoys helping with various activities of the board and acquainting herself with the staff and residents. In her spare time she volunteers at the Etc. shop, plays games with other senior citizens, pieces quilts and reads.



A new visitor for one of our residents stopped by the front desk and said what a beautiful place this is. She said she has to remember to tell her kids when it's her time to move. And that she had never been in one so nice.

“I asked an elderly woman once what it was like to be old and to know that the majority of her life was now behind her.

She told me that she has been the same age her entire life. She said the voice inside of her head had never aged. She has always just been the same girl. Her mother's daughter. She had always wondered when she would grow up and be an old woman. She said she watched her body age and her faculties dull but the person she is inside never got tired. She never aged. She never changed.

Remember, our spirits are eternal. Our souls are forever. The next time you encounter an elderly person, look at them and know they are still a child, just as you are still a child and children will always need love, attention and purpose.”

If hard work were such a wonderful thing, surely the rich would have kept it all to themselves.—Lane Kirkland

I will always choose a lazy person to do a hard job, because a lazy person will find an easy way to do it.—Bill Gates

I like work; it fascinates me. I can sit and look at it for hours.—Jerome K. Jerome

Nothing is really work unless you would rather be doing something else.—J.M. Barrie

The world is full of willing people, some willing to work, the rest willing to let them.—R. Frost

No one's dream job involves a kiosk.—Damien Fahey



406 W. Ave. A Buhler, KS

620-543-2248 620-960-7519 620-727-2605



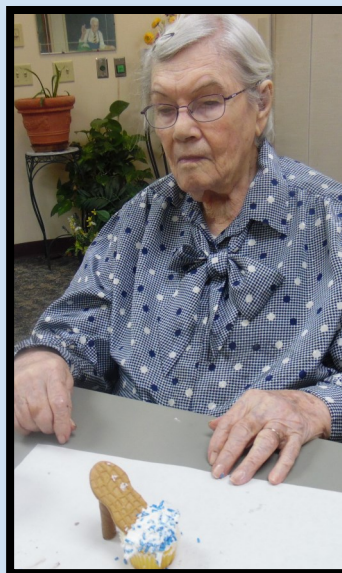
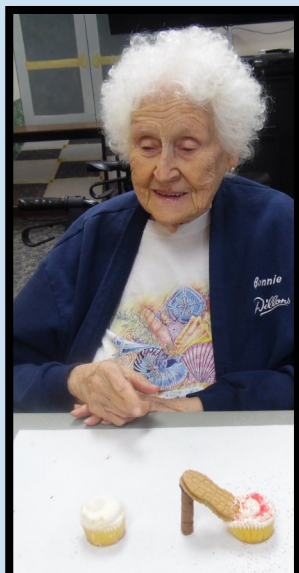
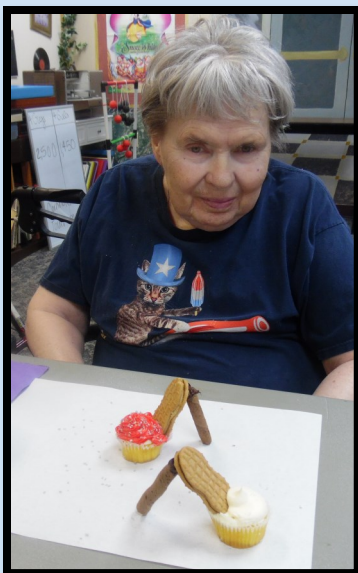
WINNERS!!!
Housekeeping Dept.
Stacie, Kathy & Madi
w/Melanie, Activity Dir.

On Monday we played Fair Bingo. This consisted of different pictures of fair things on our card. When you got a bingo you had to shout out STATE FAIR BINGO. And then if you landed on a picture of an animal you were required to make the sound of that animal. Lets just say I heard a lot of different Pig, Cow, Sheep and Horse's noises. Each one a little different. But hey every animal is unique in it's own way!!!

Then on Tuesday the staff competed against different departments in a game of Corn Hole and Ladder Ball. The residents were the cheerleaders. And the Housekeeping Dept. was the winner of both games with a total point value of 170 points. For their prize they were awarded a Breakfast Pizza from Buhler Market with a Bottle of Orange Juice. It was a lot of fun held by everyone!!!

Then on Wednesday we had our own version of Domestic Arts and Crafts. I can truly say that I am deeply humbled to say that I have the privilege of being able to minister to these lovely residents. To say that our residents are truly talented is an understatement. Many of them shared there talents with us. And if they didn't make it, it was made for them by friends or a family member. Melanie, Activity Director





Making STILETTOS out of miniature cupcakes and cookies.



Reminder:
Our Fireside
Parlor is also a
great library.
Also Buhler
Library is
supplying us
with LARGE
print books.
Many to
choose from.
More books
behind the
front desk in
the lobby. Plus
our Greeting
Card store is
there too.
Only .50 cents
per card.



Introducing

TALK STORY HOUR



Capturing Your Story

What

Conversational gathering where we capture your story, one piece at a time! Each session will provide a new set of questions - participation optional. Answers will be transcribed & digitally prepared.

Why

Reminiscing is storytelling at it's best! Your story captured can be shared with loved ones. Shared memories lead to closer connections in life. Recalling good times creates laughter & friendship. Remembering is a great way to stay mentally active!

When

Third Monday each month at 4 pm!
No RSVP necessary - just show up when you can!
If you have to miss, we will send questions to you so that you can still return your answers for us to record.

Questions

Heritage - Traditions - Good Times - Hard Times
Family - Life Events - Accomplishments - Careers
Lessons Learned - Childhood Memories
Hobbies & Interests - Travels & Adventures - Future

Home is where your story is - help us write yours!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
Chicken Salad on A Croissant W/Fruit or Chips	Taco Salad Chicken or Beef	Menu Item of the Day: Brunch Burger	Pepperoni Cheese All Meat Supreme Side Salad	Brisquet Mashed Potatoes Gravy Corn Texas Toast		
8	9	10	11	12	13	14
Fried Bologna Sandwich W/Fruit or Chips	Taco Salad Chicken or Beef	Menu Item of the Day: Biscuit and Gravy	Pepperoni Cheese All Meat Supreme Side Salad	Smoked Turkey Mashed Potatoes Gravy Green Beans Dinner Roll		
15	16	17	18	19	20	21
Ruben Sandwich W/Fruit or Chips	Taco Salad Chicken or Beef	Menu Item of the Day: Angry Bird Sandwich Dessert of the Month!!!	Pepperoni Cheese All Meat Supreme Side Salad	Chicken Cordon Bleu Mashed Potatoes Gravy Texas Toast		
22	23	24	25	26	27	28
Sausage Burger W/ Baked Beans	Taco Salad Chicken or Beef	Menu Item of the Day: Steak and Cheese Quesadilla	Pepperoni Cheese All Meat Supreme Side Salad	Chicken Strips Mashed Potatoes Gravy Corn Texas Toast		
29	30	31				
Meatloaf Mashed Potatoes Carrots Texas Toast	Taco Salad Chicken or Beef Happy Halloween					